

f a q's

Please find answers here on the most popular topics for Cinque Terre. And let us know if you have additional inquiries

Travel Options: *There are several ways to arrive. The easiest and most convenient is by train from most Italian cities. We always recommend coming 1-2 days early for any retreat to get settled and try to adjust to the new time zone! No one wants to have jet lag on their holiday!*

We will pick you up from the Levanto train station on arrival day and drop you off on departure day.

If you need other travel options, let us know how we can help. Additional fees may apply and we will inform you of the costs.

Average Times to consider to Cinque Terre by train:

- Milan to Cinque Terre: 2,5 hours*
- Rome to Cinque Terre: 3,5- 4,5 hours*
- Florence to Cinque Terre: 3 hours*
- Pisa to Cinque Terre: 1,5 hours*
- Venice to Cinque Terre: 5-6,5 hours*

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Here are a couple of sites to review train schedules:

Trenitalia: trenitalia.com

Rail Europe: raileurope.com

There is an English option for these websites, but let us know if you need assistance

Weather: *Cinque Terre is mild and sunny in June. No warm clothes are necessary, but maybe a light shawl, denim jacket or sweater as there are a few breezy evenings.*

Bugs: *There are some mosquitoes in the area, but not an issue. Take along any spray or precautions to make the stay more comfortable. We are in NATURE, so sometimes bugs come with the territory!*

Food: *Meals are vegetarian and non-vegetarian. Certain dietary restrictions can be accommodated. Please let us know upon sign-up*

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