

Sole Yoga Holidays Serengeti & Pemba Island FAQ's + Important Info

Please find important info on visas, vaccinations, travel etc. in preparation for your trip:

• <u>Travel VISA</u>: Travellers to Tanzania require a valid Visa each time they enter the Republic. Visas can be obtained at any Diplomatic or Consulate Mission of the United Republic of Tanzania abroad, normally within one business day. Visitors are urged to do so to avoid any possible inconvenience at point of entry in Tanzania. You can also obtain a tourist's visa for a single entry at: Dar es Salaam International Airport (NOTE: We got ours EASILY at the airport with no line) Zanzibar International Airport (ZNZ)

Kilimanjaro International Airport (KIA)

Make sure your passport is valid for a minimum of six months beyond visa issuance and/or date of entry, and at least one blank visa page is required. Visitors who enter on visas must present a roundtrip ticket and demonstrate they have sufficient funds for their stay. PLEASE check your country's requirements and where to obtain visas.

Cost is \$100USD (cash only—please check online before in case pricing has changed)

• <u>Vaccinations/ Health</u>: As with most destinations in Africa you have to careful about what you drink and eat in order to avoid stomach upsets. Buying food from street vendors carries some degree of risk and tap water should not be drunk. There is plenty of bottled water available throughout the country. Tanzania is basically malaria-free during the month of February. Currently, no vaccinations are required by law to enter Tanzania, except those coming from yellow fever endemic countries such as sub-Saharan Africa and tropical South America. Please see your health provider for more information. <u>Note: Both of our locations are well-maintained, highend, luxury accommodations that take every precautionary & measure to maintain a healthy environment. There have not been any issues reported at our locations.</u>

• Travel: Getting to Serengeti

By Air:

We recommend flying to Arusha or Dar es Salaam (**DAR**) and then book a short flight to Arusha by **Feb 10.** We will provide pick-up at Arusha on Feb 10. We depart for our Serengeti location the morning of the 11th

Departure time on Feb 19 in Zanzibar iis recommended after 4pm. Please allow 2 hours prior to flight time at the airport. If you need pick-ups/ drop-offs **OUTSIDE** of scheduled times, additional fees will apply. We will help arrange and inform you of the costs.

<u>Transportation is included day of/ depart day only & during scheduled times.</u> By Ferry:

There are many boat options from **Zanzibar to Dar es Salaam.** Each provider charges differently with tickets priced between USD 20 and USD 50 one way. Ferry time is appx. 2 hours each way. It is advisable to opt for one of the faster more modern boats. Review ferry times here. Sometimes ferry is more preferred on the return as you do not need to wait for 2 hours like you do for boarding flights.

If you require additional arrangements, please let us know and we will help you!

- Weather: Tanzania in February is appx 28 C/ 82 F. Rain is not very common during this time period which is also great for eliminating mosquitos. A complete packing list will be sent prior to arrival. But, please keep in mind we must respect the culture of this wonderful island by covering up in public. Modest wear to cover shoulders and knees. Best to leave flip flops for the Pemba resort and not for walking around.
- Food/Diet: The Tanzaniab diet is extremely healthy and filled with vegetables, beans, yams, potatoes, salads and fruits. Local fresh fish and healthy meats are also available. Our locations are very accommodating and can help with most dietary restrictions such as dairy-free and gluten-free. Please let us know ahead of time so we can provide the kitchen staff with any instructions.

For Additional Questions, Please Contact: ciao@soleyogaholidays.com